

What does it mean to be kind?

Kindergarten

Adapted by Bethany Garrett

CORE SUBJECT AREA

English Language Arts

ART FORM + ELEMENTS

Drama

Puppetry

MSCCR STANDARDS

RL.K.10 Actively engage in group reading activities with purpose and understanding.

MSCCR CREATIVE ARTS STANDARDS

TH: Pr6.1.K Convey meaning through the presentation of artistic work.

- a. With prompting and support, use voice and sound in dramatic play or a guided drama experience (e.g., process drama, story drama, creative drama).

DURATION

One 45 minute session

OBJECTIVES

Character Building and Drama
Students

MATERIALS NEEDED

What Does it Mean to Be Kind?

Puppets

VOCABULARY

Rules
Expectations
Kindness
Respect
Category
Compliment
Struggling
Harmonious

RECOMMENDED RESOURCES

A poster of the school rules or expectations.

LESSON SEQUENCE

Before reading teachers can ask the class:

What is our school motto? (The teacher can have school poster that says the school motto to use as a reference.)

What are some ways we can show our school motto? (Answers will vary.)

What does it mean to kind? (Answer will vary.) Explain to students that being kind is not just a skill to practice at school, but also a skill they will use throughout their life.

Tell students they will be listening to a story about a new girl that has the courage to be kind.

Students will listen for examples of kindness in the story, and they will think about times they have personally experienced kindness

Read the story What Does it Mean to be Kind? by Rana DiOrio aloud.

After finishing the story, ask students:

What are some examples of kindness in the story? (Answers will vary. Giving someone a compliment, holding the door open for someone, or smiling at a new student)

What acts of kindness have you experienced at school? (Answers will vary.)

How does it make you feel to be kind to someone? (Answers will vary.)

In the book it says, “Being kind means having the courage to treat others the way you like to be treated.” Why does it take courage to be kind? (Answers will vary.)

Explain to students they will get an opportunity to act out ways to be kind using puppets.

Go over how to treat the puppets with respect. (We don’t make the puppets hit or bite each other, we don’t pull on their hair, etc.)

Also, model proper voice level when using puppets by going through voice levels that would be too quiet to hear (whisper), normal voice level (not loud enough) and yelling (too loud).

Have students practice speaking in a presentation voice level that they will use when giving their puppet presentation.

Put students in groups of 2-3. Give them time to plan out what act of kindness they will be presenting.

Before each group presents, talk about proper audience manners the students watching need to have. (Eyes on the performance, no whispering/talking, save applause until the end, etc.)

EXTENDED LEARNING ACTIVITIES

Read the book - [Have You Filled a Bucket Today?: A Guide to Daily Happiness for Kids](#) by Carol McCloud as another resource of ways to show kindness.

SOURCES

www.kindnessadventure.com

TIPS + FREQUENTLY ASKED QUESTIONS

Not applicable

