

Lesson Plan

Chemical Equation Hip Hop Dance

Grade Level

7th Grade

Subject Area

Science

MSCCRS

P.7.5E.3 Compare and contrast balanced and unbalanced chemical equations to demonstrate the number of atoms does not change in the reaction.

Art Form

Dance

MSCCR Creative Arts Standards

DA: Pr.5.1.7c Collaborate with peers to practice and refine dances. Develop a group performance expectations through observation and analyses.

Enduring Understanding:

Dancers use the mind-body connection and develop the body as an instrument for artistry and artistic expression.

Essential Question:

What must a dancer do to prepare the mind and body for artistic expression?

Duration

1 hour

Materials

Projector

Computer

Body

Objectives

TLs will solve chemical equations utilizing hip hop dance in creative decision-making.

Vocabulary

Chemical equations

Reactant

Coefficients

Products

Dance

Hip Hop

Lesson Description

1. This lesson is an end of the unit lesson, so students know fully how to balance chemical equations. Balancing chemical equations is a difficult skill, so students will not be able to achieve success at the beginning of your unit.
2. TTW give the students the opportunity to watch dancers perform a hip hop dance: <https://youtu.be/OghLUI9YKzk> *The kids in this are phenomenal.
3. TTW then give the students the opportunity to participate in a dance tutorial: <https://youtu.be/bmety40Flis?t=120> (about 10 minutes) *start video at two minutes.
4. Allow students time to practice.
5. TTW show the students the BASTE diagram:

The Elements of Dance					
Ask:	WHO?	DOES WHAT?	WHERE?	WHEN?	HOW?
Answer:	A dancer	moves	through space	and time	with energy
B.A.S.T.E.	BODY	ACTION	SPACE	TIME	ENERGY
Concepts (in bold font) with some suggestions for word lists and descriptors under each concept.	Parts of the Body Head, eyes, torso, shoulders, fingers, legs, feet, etc.	Axial (in place) Open ----- Close Rise ----- Sink or Fall Stretch ----- Bend Twist ----- Turn	Place In Place ----- Traveling	Duration Brief ----- Long	Attack Sharp ----- Smooth Sudden ----- Sustained
	Whole Body Design and use of the entire body	Laban Effort Actions Press Flick Wring Dab Slash Glide Punch Float	Size Small ----- Large	Speed Fast ----- Slow	Tension Tight ----- Loose
	Initiation Core Distal Mid-limb Body Parts	Traveling (locomotor) Crawl, creep, roll, scoot, walk, run, leap, jump, gallop, slide, hop, skip, do-si-do, chaîné turns ... and many more! <i>This is just a starting list of movements. Many techniques have specific names for similar actions. "Sauté" is a ballet term for "jump."</i>	Level High ----- Low	Beat Steady ----- Uneven	Force Strong ----- Gentle
	Patterns Upper/lower body, homologous, contralateral, midline, etc.	Plane Sagittal (Wheel) Vertical (Door) Horizontal (Table)	Direction Forward ----- Backward Upward ----- Downward Sideward ----- Diagonally Liner ----- Rotating	Tempo Quick ----- Slow	Weight Heavy ----- Light Strength: push, horizontal, impacted Lightness: resist the down, initiate up Resiliency: rebound, even up and down
	Body Shapes Symmetrical/Asymmetrical Rounded Twisted Angular Arabesque	Pathway Traveling, traced in air curved, straight, angular, zig-zag, etc.	Focus Inward ----- Outward Direct ----- Indirect	Accent Single ----- Multiple On Beat ----- Syncopated Predictable ----- Unpredictable	Flow Bound (Controlled) ----- Free
	Body Systems Muscles Bones Organs Breath Balance Reflexes	Relationships In Front ----- Behind/Beside Over ----- Under Alone ----- Connected Near ----- Far Individual & group proximity to object	Rhythmic Pattern Patterned ----- Free Metric: 2/4, 6/8, etc Polyrhythms Cross-rhythm Tāla	Timing Relationships Before After Unison Sooner Than Faster Than	Energy Qualities Vigorous, languid, furious, melting, droopy, wild, lightly, jerkily, sneakily, timidly, proudly, sharp, smooth, sudden, sustained etc.
Inner Self Senses Perceptions Emotions Thoughts Intention Imagination					

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6. ...and ask the following questions about the video and tutorial:
 - a. TTW ask, "What do the dancers do with their WHOLE bodies?" TSW respond.

- b. TTW ask, "How were different PARTS of the body used?" TSW respond.
 - c. TTW ask, "What shapes did the body make? Please draw or describe." TSW respond.
 - d. TTW ask, "What else did you notice about how the body was used in this dance?" TSW respond.
7. TT may want to discuss "Energy," too. If so, explore it on a continuum.
- a. TTW ask, "How does the dancer begin a movement?" TSW respond.
 - i. "Is it sharp or is it smooth?" TSW respond.
 - ii. "Is it sudden or is it sustained?" TSW respond.
 - b. TTW ask, "what's the muscle tone like? How much are the muscles engaged and working? TSW respond.
 - i. "Are the muscles tight?" TSW respond.
 - ii. "Are the muscles ever smooth?" TSW respond.
 - c. TTW ask, "How much force is used? Force often looks like effort." TSW respond.
 - i. "Are the movements strong?" TSW respond.
 - ii. "Are the movements gentle?" TSW respond.
 - d. TTW ask, "How does the dancer work with gravity? Is the dancer grounded and connected to the earth or floating and lifting away?" TSW respond.
 - i. "Are the movements heavy? TSW respond.
 - ii. "Are the movements ever light?" TSW respond.
 - e. TTW ask, "How do the movements flow? Does the dancer connect the movements? Are they tight and contained? Are they freely moving?" TSW respond.
 - i. "Are the movements bound?" TSW respond.
 - ii. "Are the movements free?" TSW respond.
8. TTW turn student's attention to a review on how to balance chemical equations using a youtube video.
9. TTW explain that the class will be divided into groups of 3. Each group will be given a chemical equation that is unbalanced.
10. They must first balance their equation. Then once their equation is balanced and checked by the teacher, the groups must create a dance to represent their balanced equation.
- a. For example, if an equation is $C_2H_6 + O_2 \rightarrow CO_2 + H_2O$.
 - b. Students will need to be creative. For instance, if they wanted to represent the letter C, then they could curve their body into a C. Each time a C is

used, they would curve their body like that. Students can step twice, or six times to represent subscripts or quantities.

c. The student must be able to justify the chosen movements.

11. TTW explain that their dance must flow and show each part of the chemical equation.

12. TLs will get their chemical equation and then solve it. TLs will then create their dance to represent their balanced chemical equation.

13. TLs perform their balanced chemical equation dances.

Essential Question:

What must a dancer do to prepare the mind and body for artistic expression?

Recommended Resources

Balancing chemical equations- [How to Balance a Chemical Equation EASY](#)

Music: <https://youtu.be/tOnTPW1MTZ4>

Hip Hop Tutorial: <https://youtu.be/bmety40Flis?t=120>

Extended Learning Activities

N/A

Sources

N/A

Tips

Make sure the students have plenty of room to move. Make sure they have a means of listening to their music <https://youtu.be/tOnTPW1MTZ4> to rehearse.

Suggested Assessment Strategies in Dance

***3-2-1 Strategy** Students will identify 3 things they discovered, 2 interesting things, and 1 question they still have.

***Self-Reflection** *"I became more aware of..."* or *"I was surprised about..."*
If students have a similar response to another student, they should also add, "I agree with (student name), sentence starter, response.

***Observation** TTW walk around the classroom and observe the students as

they are working in order to check for evidence of student learning. The teacher should record anecdotal accounts from each class, topics of private conferences, checklists, and/or any rubrics utilized.

***Creative Process** TSW self-critique one's performance.

***Journal** TSW write a personal response to this dance experience and include any photos or drawings about the dance.

Author

Mary Francis Massey- Math and Hip Hop

Adapted by

Winnie Jones